

The S.N.A.P. team monitors their own organization in meetings and presentations. The Assistant Principal serves as the general coordinator of the program. The following list represents the Trained Staff Members:

Dr. Timothy Mitzel, Principal
Mr. Randy Seely, Assistant Principal
Ms. Lori Kaye, Assistant Principal
Mrs. Shelly Lehnortt, Guidance Counselor
Mrs. Natali Monaghan, Guidance Counselor
Mrs. Lisa Lawton, School Nurse
Mr. John Forwood, Tech Ed Teacher
Mrs. Joanne Firestone, Health & PE Teacher
Mr. Tim Flinchbaugh, English Teacher

TRUE NORTH WELLNESS SERVICES
Leanne Ambrass-Horner
Mental Health and Drug & Alcohol
843-0800 ext. 1182
843-3222 - fax
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*For additional information contact:
Eastern York High School
Attention: SNAP
P. O. Box 2002
Wrightsville, Pa 17368
717-252-1551

S.N.A.P.

Student Needs Assessment Program

**Student Assistance
Program Offering:
Education, Care,
Intervention, Referral,
Student Services, Support
for our
Eastern Students**

What is S.N.A.P.?

S.N.A.P., an acronym for Student Needs Assessment Program is designed to improve the quality of education in our school by providing support for all students. Eastern York High School has been a leader in York County providing help and services for students in need. Eastern York High School has formed a Core Team which helps to identify students who are not doing well in school or who seem to be troubled.

S.N.A.P. focuses on helping students to identify and learn behaviors which will positively influence their lives. The function of our high school S.N.A.P. team is to recognize potential student problems and to make appropriate referrals for outside agency providers. Students are encouraged to understand their behaviors and to seek help from the appropriate methods available. We understand that the pressures and stress in young people today are great. Some students experience difficulty in dealing with these situations. The S.N.A.P. team is available to assist in dealing with problems. Students experiencing difficulties due to drugs, alcohol, depression, mental health issues, or suicidal thoughts may benefit from referral to our S.N.A.P. program.

Who coordinates S.N.A.P.?

Eastern York High School has contracted the service of True North Wellness Services to provide counseling services to our students. True North Wellness Services strongly supports the efforts of our student assistance program by providing qualified staff to participate as members of our school-based S.N.A.P. team. Highly trained substance abuse

and emotional/mental health professionals serve as consultants to our team and can provide school-based assessments, treatment services and support groups for our students. Counseling services are provided in both substance abuse and mental health issues. We have chosen to use the same agency to provide both services, realizing that many times cross-over issues are causing the problems for troubled students. The inclusion of family members is a key component in the successful treatment of students impaired by personal health problems. Problems of depression, anxiety, adjustment to parental divorce or separation, stress reactions, and personal relationships are often problems that counselors help student with. The first three sessions usually take place within the school, but can be scheduled at the True North Wellness Services Center. These three sessions are provided at no cost to the student or parent. Further treatments, if agreed upon, will become the responsibility of the parent or guardian and can be arranged with this counseling service. The S.N.A.P. team, regardless of continued service, will continue to monitor student progress.

Who may make a referral?

Students, teachers, administrators, counselors, and parents may recommend students who may need assistance.

Self-referrals are viewed with high priority. Referral forms may be placed in the locked confidential drop-off box located in the Nurses' office. Direct contact with a team member is also an available method for referral. Our goal is to be readily accessible for all students if the need arises.

What happens next?

Once a referral is made, information is gathered concerning attendance patterns, academic status, disciplinary actions, and general school behavior. Parental involvement is most important and notification will take place following a review of individual referrals. A team member talks with the referred student and offers opportunity for change. The Core Team continues to monitor and provide support for the student. Parental contact will be made to apprise parents/guardians of the school's concern and potential recommendations.